



TE AWAMUTU COLLEGE

NEWSLETTER JUNE 2021



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PRINCIPAL'S MESSAGE

Greetings to the Te Awamutu College Community.

TERM 2 is proceeding at a fast pace.

Events have included:

- * 2SPE Health & Safety Training
- * 1SSC Surf and High Ropes Trips
- * Yr 10 Vision Testing
- * Inter-House Basketball
- * 9OEE Trip to Sanctuary Mountain Maungatautari
- * Visual Arts Exhibition
- * 1OED Rock Climbing
- * "Engineering in Action" Trip
- * Waikato University Open Day
- * Pink Shirt Day
- * "Chiefs Training" Trip
- * NISS Horse Trials
- * 3MED "Censor for a Day" Trip
- * 2OED Rock climbing
- * WSS Golf Champs
- * Inter-House Cross Country
- * 1AGR Field Trip to Owl Farm
- * GATE Trip to Galileo Exhibition
- * 1GEO Trip to Waitomo
- * Senior Report Evening
- * Mufti Day
- * 3ESS Trip to Wharepapa South
- * 3OED Rock Climbing
- * WBoP Cross Country
- * National Chamber Music Competition
- * "Girls in High Viz" Trip
- * WSS Squash
- * NISS Swimming
- * Careers Expo (Yr 12 & Yr 13)
- * Inter-House Volleyball

So, a lot of worthwhile opportunities for our students.

SENIOR REPORT EVENING — was held on 3 June.

There was a very pleasing turnout of both parents/caregivers and students.
Thanks for your interest and support.

WINTER SPORTS

Thanks to coaches, managers, players and supporters for your participation and support. We acknowledge our results and successes in assemblies. All the best for the remainder of your season.

MUFTI DAY - (Term 2) raised over \$1,900.00 for **CanTeen** (another worthwhile charity selected by the Service Committee).

BOT INTERNAL FUNDING

The Board of Trustees has allocated almost \$30,000 to our TAC Sports Clubs (for transport, gear/equipment, uniforms, entry fees etc).

The BOT also allocate funds to our Culture and Arts groups for similar reasons.

BCITO NZ (Builders and Construction Apprenticeships) have acknowledged that we have had 171 of our students complete a full BCITO apprenticeship in the last 10 years. Congratulations to the ex students who have displayed hard work, dedication and commitment.

We are certainly noticing an upsurge in Year 12 & 13 students leaving for apprenticeships/ further training/employment. We encourage this, particularly if they have attained Level 2 and have no interest or intention in attending University. It is the right choice for them and we wish them well.

TAC “HALL OF FAME” - Already a member of our Hall of Fame

Professor Bill Denny has been made a Knight Companion of the New Zealand Order of Merit in the recent Queen’s Birthday Honours List. Bill Denny was Dux of Te Awamutu College in 1961. He has been at the forefront of cancer drug research for more than 40 years and is Director of the Auckland Cancer Society Research Centre at the University of Auckland. Congratulations Sir Bill.

HOUSE NAME CHANGES

There has been widespread interest in this project.

40 “sets” of possible names have been received from students, staff, parents/caregivers and interested community members.

There was a very pleasing turnout at a hui held at O-Tāwhao Marae.

A “Working Party” is being established to discuss and finalise options which will be voted on by students, staff and parents/caregivers.

Kia Kaha

J. Membery

Tony Membery
Principal





TE AWAMUTU COLLEGE CANTEEN

"THE SNACK SHACK" February 2021

HOT FOOD		COLD FOOD		BAKED GOODS	
Mince & Cheese Pie	\$2.50	Filled Rolls (Chick/Ham)	\$2.50	Cookies	\$1.00
Mince Pie	\$2.50	Sandwiches	\$2.50	Donuts	\$2.50
Steak & Cheese Pie	\$2.50			Snail & Twists	\$3.00
Bacon & Egg pie	\$2.50				
TOASTIES		CONFECTIONERY		DRINKS	
Ham & cheese		Raspberry Super Twist	\$1.00	Mineral Water	\$1.50
Ham pineapple & cheese	\$1.70	Peanut Slab	\$1.50	Primo- choc, straw, ban 350ml	\$2.30
American Hotdog	\$1.90	Fresh Fruit - seasonal selection	\$0.50	Primo-choc, straw, lime 600ml	\$3.30
Fish Burger	\$2.50			Fresh up- 4 flavours 1LT	\$3.20
Chicken Burger	\$2.50			Ribena 250ml	\$1.70
Texas BBQ Riblet Burger	\$3.00			Fizzi - range of drinks 1.5LT (99% sugar free)	\$2.00
Nachos- mince, sour cream, and cheese.	\$4.00			Coke Zero cans	\$1.50
				Pepsi Max cans	\$1.50
				Classic diet Cola cans	\$1.20
				Spree diet lemonade cans	\$1.20
				Charlies Sugar Free Lemon or Mango/ Orange	\$2.00
				Lunches: noodles, garlic bread, burgers, toasties, nachos, hotdogs, need to be ordered no later than 11:20am - so you won't miss out	\$2.00
WINTER WARMERS		Canteen will be open for business from 8:00am daily. A good time to order your lunch & have a hot chocolate to start your day.			
Hot chocolate	\$1.50				
Mochaccino (seniors only)	\$1.50				
Noodles	\$2.00				
Garlic bread	\$1.00				
Sushi	\$3.90				

How parents can prevent bullying

There are many ways parents can help reduce the likelihood of bullying, or at least make their children aware of acceptable behaviour. How often do we hear that behaviour starts at home. In the ease of bullying and society's attitudes to it, these often stem from the home environment. So the parental role in preventing and reducing bullying is vital.

Some of the actions parents can take, whether bullying has impacted on you or your child's life or not, are:

Explain bullying -

Tell your children regularly how much you disapprove of bullying and why. Tell them you don't want them to take part in mistreating another student at any level, however small. Students who come from families that oppose bullying accept that bullying is wrong and are less likely to bully others because they know their parents would disapprove.

Forbid bullying -

Do not allow any type of bullying at home and deal firmly with any attempts by siblings to bully one another.

Encourage positivity -

Encourage your child to see the positive side of other students rather than expressing contempt and superiority.

Model and encourage respect -

Model and encourage respect for others as well as behaviours and values, such as compassion, cooperation, friendliness, acceptance of difference and respect.

Explain rights of others -

Emphasise seeing things from another's point of view and the rights of others not to be mistreated.

Report incidents -

Report all incidents of bullying that you are aware of, not just incidents that happen to your child. Don't continue any child's silent nightmare by saying nothing.

Encourage resilience -

Develop protective behaviours and resilient social skills in your child, such as speaking assertively, negotiating, expressing their own opinion, using a confident voice and using firm eye contact. Practice regularly using dinner conversations and social encounters with acquaintances and new people.

Respect and confidence are key -

Talk about respect and help children distinguish between people who care about their wellbeing and those who don't. Children require the confidence and skills to avoid people who don't treat them with respect.

Help build friendships -

Help your child build and maintain caring and genuine friendships. This may mean taking an active role in encouraging social activities such as after school plays and sleepovers.

Deal with fear and anger -

Assist them to develop effective ways of dealing with fear and anger instead of internalising their feelings, taking them out on others or losing face in front of the peer group by allowing them to spill over.

NetSafe advice for young people:

What can I do to prevent cyberbullying?

- Be careful who you give your mobile number to and don't pass on friends' numbers without asking them first.
- Don't respond to texts from people you don't know. These can often be sent randomly to find people to bully.
- If you witness cyberbullying try to help the victim. You can offer them support, or report the bullying anonymously if that feels safer.
- Don't post revealing pictures of yourself or others online – they may get sent on and used to bully you or other people.
- Keep your online identity safe – create passwords with a mix of lower and upper case letters and numbers. Pick difficult answers for your "secret question" on accounts that people who know you wouldn't easily guess.
- Don't share your passwords with anyone – not even your friends.

What can I do if I am being cyberbullied?

- Tell people you trust – a good friend, a parent, or a teacher. They will want to help you stop the bullying quickly and safely.
- Do not reply to the people who are bullying you, especially to text messages from numbers that are unfamiliar to you.
- Save evidence of all bullying messages and images. You can save messages on your phone and take screen shots of bullying on websites or IM (instant messenger) chats. This may be used later if you report the bullying to your school or the police.
- If the bullying is online or on your mobile involves physical threats to hurt or fight you, contact the police. Making threats of harm is criminal behaviour in New Zealand.
- Bring in any evidence you have when you meet with the police (messages stored on your phone or printouts of screenshots). If you are worried about your safety contact the police immediately.

Cyberbullying at school

- If you think the people bullying you are at your school tell the Principal or Deputy Principal as soon as possible. Schools in New Zealand want all students to be safe and teachers want to help stop bullying.

Cyberbullying on your favourite websites

- Report internet cyberbullying to the website where the bullying took place – usually there is a "Report Abuse" button or "Safety" link.

Cyberbullying on IM

- If you can, block the bullying messages coming through.
- Take screenshots of any nasty messages sent to you and save them as evidence.

Cyberbullying and your mobile

- If you are being bullied on your mobile contact your phone company.
- Report the abuse and ask them to take action.

Source: cyberbullying.org.nz (this is a NetSafe website, see more information at netsafe.org.nz)

safebook

YOU 

THINK

Think before
you post

FRIENDS

Only connect
with friends

KIND

Be kind
to others

PASSWORD

Don't share
your password

PRIVACY

Keep your
settings private

HURT

Don't be hurtful
towards others





PARENTS & TEACHERS

Join Facebook
Understand how it works
Teach safety and responsibility
Privacy - check their settings





FRIENDS

 **DON'T:** Stay silent
 **DO:** Help your friend
Report the bully
Tell your parents
Tell your teacher



THE BULLY

 **DON'T:** Respond
 **DO:** Save what they say
Unfriend the person
Block them
Tell a Friend
Tell your Parents
Report the person

TELL



UNFRIEND



BLOCK



REPORT

This is our reaction to cyber-bullying. We must all play our part! Play yours - email design@fusion.ie for a print ready file

TERMS / DATES 2021

Term 3: Monday 26 July – Friday 01 October
(10 weeks)

Term 4: Monday 18 October – Friday 10 December
(8 weeks)

Labour Day Monday 25 October (Term 4)

UNIFORM SHOP

Uniform Shop Hours

Tuesday and Thursday 1.30 – 2.10pm

Wednesday 11 – 11.30am

TERM 2 CALENDAR 2021

WEEK 8:

Monday 21 June	Dance Practice 7-9pm
Tuesday 22 June	Pd 5 1OED MTB (a) BOT 6pm
Wednesday 23 June	Pd 4 Senior Assembly Junior Deans' Assemblies
Thursday 24 June	Pd 5 1OED MTB (b)
Friday 25 June	Pd 1 & 2 Dance Practice (Hall) Wahine Toa (Yr 11) STAR taster
Saturday 26 June	Senior Ball

WEEK 9:

Tuesday 29 June	9SFX (Spookers Trip)
Wednesday 30 June	Waikato Young Leaders' Day (Yr 9 x 13 FC Reps) 1OED MTB (a) Pd 4 Junior Assembly Senior Deans' Assemblies
Thursday 1 July	1OED MTB (b) EPro8
Friday 2 July	3 OED RC Pd 3 Inter-House Singing/Haka Practice EPro8 3.10pm Junior Reports issued

WEEK 10:

Monday 5 July	3OED RC 10.30 Inter-house Singing/Haka
Tuesday 6 July	10.30 Inter-house Singing/Haka
Wednesday 7 July	10OED Tramping (a) Pd 4 Inter-house Singing/Haka
Thursday 8 July	10OED Tramping (b) 10.30 Inter-house Singing/Haka Junior Report Evening 4-7pm (Hall)
Friday 9 July	10OED Tramping (c) 10.30 Inter-House Singing/Haka Pd 3 11.30-12.20 Pd 4 12.20-1.10 Lunch 1.10-1.50 2pm Inter-house Singing/Haka TERM ENDS
Saturday 10 July	NISS Road Cycling

2021 EXAMINATION TIMETABLE

Exams available digitally shown in blue

Date	Time	Level 1	Level 2	Level 3	Scholarship
Mon 8 Nov	9.30 am	Te Reo Rangatira	Physics	Business Studies	Agricultural & Horticultural Science
	2.00 pm	Chinese	Media Studies	Dance	Calculus
Tue 9 Nov	9.30 am	Agricultural & Horticultural Science	Art History	Statistics	
	2.00 pm	Geography	Spanish	Earth & Space Science Cook Islands Māori	Drama
Wed 10 Nov	9.30 am	Lea Faka-Tonga	Mathematics & Statistics		Biology
	2.00 pm	Music	Accounting	History	French
Thu 11 Nov	9.30 am	Mathematics & Statistics		Te Reo Māori	Classical Studies
	2.00 pm	Korean	Drama	Samoa	Statistics
CANTERBURY ANNIVERSARY DAY (Fri 12 Nov)					
WEEKEND					
Mon 15 Nov	9.30 am	Media Studies	Earth & Space Science	Drama Lea Faka-Tonga	Chemistry
	2.00 pm	Chemistry	Classical Studies		Economics
Tue 16 Nov	9.30 am	French	Te Reo Māori	Calculus	
	2.00 pm	Economics	Korean Cook Islands Māori	Accounting	
Wed 17 Nov	9.30 am	Cook Islands Māori	English		Religious Studies
	2.00 pm	History	Chinese	Biology	German
Thu 18 Nov	9.30 am	English	Lea Faka-Tonga		English
	2.00 pm	Drama	History	Health	Physics
Fri 19 Nov	9.30 am	Business Studies	Chemistry	Agricultural & Horticultural Science Chinese German	Te Reo Rangatira
	2.00 pm	Biology	Music	Media Studies	Accounting
WEEKEND					
Mon 22 Nov	9.30 am	Art History Te Reo Māori	Japanese	Latin Social Studies Psychology	Samoa
	2.00 pm	Classical Studies	Health	Economics	
Tue 23 Nov	9.30 am	Science		Making Music	History
	2.00 pm	Samoa Spanish	Geography	Chemistry	
Wed 24 Nov	9.30 am	Accounting		English	
	2.00 pm	Home Economics	Economics	Korean	Media Studies
Thu 25 Nov	9.30 am	German	Biology	Geography	
	2.00 pm	Dance	Te Reo Rangatira	Physics	
Fri 26 Nov	9.30 am	Physics	Home Economics	Classical Studies	Te Reo Māori
	2.00 pm		German	Home Economics	Art History
WEEKEND					
Mon 29 Nov (Westland Ann. Day)	9.30 am	Japanese	Latin	Japanese	
	2.00 pm		French	Spanish	Latin
Tue 30 Nov	9.30 am		Business Studies	French	Japanese
	2.00 pm	Latin	Agricultural & Horticultural Science		Geography
Wed 1 Dec	9.30 am	Health	Education for Sustainability Samoa	Te Reo Rangatira	Chinese
	2.00 pm		Social Studies	Music Studies	Spanish
Thu 2 Dec	9.30 am	Social Studies	Dance	Art History	Earth & Space Science

SPORTS NEWS

The 2021 Winter Sports season is well underway, and Te Awamutu College again has excellent representation across several sports. This year the College has seven basketball teams, five football teams, three lacrosse teams, 7 netball teams and five rugby teams to list a few.

As well as this we have many other teams or individuals competing in different competitions.

To all the Te Awamutu College students remember to play your best, be respectful and enjoy the games. To all the volunteers involved, a big thank you from Te Awamutu College for helping support our sport. Without the fantastic community support that we get we could not operate the sports that we do.

Waikato Secondary Schools Swimming Championships

On 27 May, 15 swimmers travelled to Waterworld Te Rapa to represent the College in the Waikato Secondary Schools Swimming Championships. Congratulations to all the swimmers who went, you represented the College with pride and determination.

Two swimmers who particularly stood out were Jetta Kete and Sarah-Jane Hudson. Jetta Kete took first place in the Girls 14-15 100m Backstroke and two further second placings. Sarah-Jane won three events in the AWD category making her a triple Waikato Champion. Awesome work!

WaiBop Cross Country Championships

On Wednesday 9 June, 15 runners travelled to Kihikihi Domain to compete in the WaiBop Cross Country Championships. This event attracts the best runners for this discipline from around our region making the competition very strong.

Two runs that were particularly strong were from Lily James and Rico Drossers both in Year 9. Lily finished 18th out of 51 runners, a great effort and Rico finished 8th out of 54 which means that he moves onto represent WaiBop at the National Road Relay Championships later in the year.

Well done to all our competitors and helpers on the day.

Inter-house Cross Country, Individual winners:

	Boys	Girls
Juniors	1 Rico Dorssers	Lily James
	2 Cameron Hollins	Nevaeh Wallace
	3 Dylan Harper	Rosie Anderson
Intermediate	1 Jacob Chetwin	Louise Gubb
	2 John David Brown	Kera Tervit
	3 Jake Omundsen	Olivia Van Boven
Senior	1 Ben Ranby-Al	Keita Koroheke
	2 Trent Brierley	Sarah Hewlett
	3 Rick Dykshoorn	Jessica Beck

INTER-HOUSE SPORT

Inter-house Basketball:

Selwyn 1st Cameron 2nd Melrose 3rd Gorst 4th

Inter-house Cross Country:

Cameron 1st Selwyn 2nd Gorst 3rd Melrose 4th

Inter-house Volleyball:

Cameron 1st Melrose 2nd Selwyn 3rd Gorst 4th

<u>House Points to date:</u>	Cameron	Gorst	Melrose	Selwyn
	19	10	10	21

Next Event:

Tuesday 9 July—Inter-house Singing/Haka

MOTOCROSS

Te Awamutu College Motocross team has been represented by numerous members over the first two terms of the year and they have been placing well. Motocross in New Zealand has a very strong following and is always growing with fierce competition. Congratulations to all our riders and place getters.

King of the Schools Challenge hosted by NKC MCC

Sarah Druce gained an overall Podium win in the Women's class 2nd!

Jack Carmichael finished 5th overall in the 15-19yrs 250cc class.

Patetonga was the first round of the Schools Motocross challenge and we had 7 riders entered. We finished 8th out of 24 schools entered.

Quin Hall placed 5 out of 22 riders in the 15-18yrs 85cc class.

We only had 1 rider at the next round, Sam Bowers who placed 8th out of 22 in his class, 15-19yrs 125cc.

Tokoroa hosted the latest round and we had 5 riders enter this event and the team placed a whopping 8th overall out of 42 schools that registered.

A big shout out to Lachlan Hamilton on getting 25th out of 35 riders in the novice 125/250 class. What a great first time ever race placing.

Brook Penny was on the podium for her class. 3rd overall for 12-19 Women's. Well done!



Teacher in Charge
Louise Pryor

King of the Schools Challenge track, hosted by NKC MCC—Sarah Druce placed 2nd in the Women's Class



SQUASH—Waikato Secondary Schools



Shannon Nightingale -
Girls Division 3 Winner

Ellice Downard -
Girls Division 6 Winner

Congratulations to all of our
representatives who attended



SPORTS CONTACT LIST 2021

Sport	Contact	Position	Email / Facebook / Webpage	Phone
Athletics	Murray Green	Coach	teawamutu@paperplus.co.nz	027 621 6608
Basketball	Simon Drury Desiré Grobbelaar	Chairperson Secretary	s.p.drury@gmail.com desire.grobbelaar@gmail.com	
Cricket	Bob Hollinshead	TIC	bhollinshead@tac.school.nz	871 4199 ext 226
Cross Country	Murray Green	Coach	teawamutu@paperplus.co.nz	027 621 6608
Equestrian	Candice Barker	TIC	cbarker@tac.school.nz	021 02632895
Football	Sheryll Whitt Hubert Bakx Kieran McCullough Dave Hall	Secretary 1 st XI Boys 1 st XI Girls Junior Boys	sheryllwhitt@gmail.com hubertbakx@gmail.com kier.shel@gmail.com daveha2017@gmail.com	0274 911 454 021 253 7979
Golf	Malcolm Haig	TIC	mhaig@tac.school.nz	871 4199 ext 241
Hockey	Chelsea Anderson Kathi Harris	TIC Chairperson	canderson@tac.school.nz kduncanharris@gmail.com	871 4199 ext 211
Lacrosse	Chelsea Anderson Leon Green William Chisholm Tammy Lee	TIC Coaching Director Coach - Boys Manager – Boys	canderson@tac.school.nz leon.green@gmail.com chisholm02.wc@gmail.com sweetonpeace@gmail.com	871 4199 ext 211 022 160 9951
MotorX	Louise Pryor	TIC	lpryor@tac.school.nz	871 4199 ext 241
Mountain Biking	Brett Leong	TIC	bleong@tac.school.nz	
Netball	Riane King Rosemary Brandon	Secretary TIC	netball@tac.school.nz rbrandon@tac.school.nz	021 171 9471 871 4199 ext 212
Rowing	Ann Edmondson	Secretary	teawamuturowing@gmail.com facebook.com/teawamuturowing	
Rock climbing	Brett Leong	TIC	bleong@tac.school.nz	
Rugby	Michael Earwaker Christy Joyce Owen Williams	Chairperson Club Secretary TIC	mandjeawaker@gmail.com christy.h@hotmail.com owilliams@tac.school.nz	
Sailing	Dave Smith	TIC	dsmith@tac.school.nz	871 4199 ext 210
Shooting	David Prout	TIC	dprout@tac.school.nz	871 4199 ext 213
Skiing	Malcolm Haig	TIC	mhaig@tac.school.nz	871 4199 ext 241
Snow boarding	Malcolm Haig	TIC	mhaig@tac.school.nz	871 4199 ext 241
Swimming	Chris Wynne	TIC	cwynne@tac.school.nz	871 4199 ext 237
Tennis	Trina Roberts	TIC	troberts@tac.school.nz	871 4199 ext 210
Touch	Chris Wynne	TIC	cwynne@tac.school.nz	871 4199 ext 237
Volleyball	Keith Bain Alex Mariano Jack Sheppard Sarah Peehikuru	TIC Coach Senior Girls Coach Senior Boys Coach Girls Dev	kbain@tac.school.nz kiwivolley@volleyballwaikato.org.nz jacksheppard1412@gmail.com sarah151781608@gmail.com	871 4199 ext 238

All other sports: Chris Wynne, Director of Sport cwynne@tac.school.nz or (07) 871 4199 (ext 237)



Waikato Secondary Schools Sports Association Incorporated

CODE OF CONDUCT

All member Schools, their principals, staff, students, coaches, managers, and supporters have a responsibility to uphold the spirit of fair play and sportsmanship in any Waikato Secondary Schools Sport Association sanctioned events.

As a student, I will undertake to:

- ✓ enjoy playing sport, have fun, and partake in healthy competition
- ✓ respect all officials, teammates, coaches, supporters, and opponents
- ✓ always play by the rules of my sport
- ✓ wear the appropriate attire for my sport
- ✓ be humble in victory and gracious in defeat
- ✓ represent my school with the utmost pride, dignity, honesty, and loyalty
- ✓ adhere to the principles of **Fair Play** – “**Play Hard, Play Fair**”
- ✓ take time to express thanks to coaches, officials, and volunteers for the opportunities they provide for participation

As a coach/manager/team official, I will undertake to:

- ✓ enjoy being involved in sport
- ✓ respect all officials, colleagues, coaches, players/athletes, supporters, and opponents
- ✓ respect the integrity of the rules of the Association and the sports code
- ✓ place the safety and welfare of all players/athletes before anything else
- ✓ always be a positive role model for my players/athletes, parents and supporters

As a supporter, I will undertake to:

- ✓ respect all officials, players/athletes, coaches, and supporters
- ✓ not enter the field of play, unless requested to do so by an official
- ✓ observe all fixtures without questioning the decisions of coaches and officials
- ✓ express thanks to the coach and all volunteers who are giving others a chance to participate in a positive activity
- ✓ display a positive attitude at every game and be a role model for others

Coaches' Code of Ethics

1 RESPECT THE RIGHTS, DIGNITY AND WORTH OF EVERY INDIVIDUAL ATHLETE AS A HUMAN BEING

- Treat everyone equally regardless of sex, disability, ethnic origin or religion.
- Respect the talent, development stage and goals of each athlete in order to reach their full potential.

3 BE A POSITIVE ROLE MODEL FOR THE SPORT AND ATHLETES AND ACT IN A WAY THAT PROJECTS A POSITIVE IMAGE OF COACHING

- All athletes are deserving of equal attention and opportunities.
- Ensure the athlete's time spent with you is a positive experience.
- Be fair, considerate and honest with athletes.
- Encourage and promote a healthy lifestyle – refrain from smoking and drinking alcohol around athletes.

5 MAKE A COMMITMENT TO PROVIDING A QUALITY SERVICE TO YOUR ATHLETES

- Seek continual improvement through ongoing coach education, and other personal and professional development opportunities.
- Provide athletes with planned and structured training programmes appropriate to their needs and goals.
- Seek advice and assistance from professionals when additional expertise is required.
- Maintain appropriate records.

2 MAINTAIN HIGH STANDARDS OF INTEGRITY

- Operate within the rules of the sport and in the spirit of fair play, while encouraging your athletes to do the same.
- Advocate a sporting environment free of drugs and other performance-enhancing substances within the guidelines of the New Zealand Sports Drug Agency and the World Anti-Doping Code.
- Do not disclose any confidential information relating to athletes without their written prior consent.

4 PROFESSIONAL RESPONSIBILITIES

- Display high standards in your language, manner, punctuality, preparation and presentation.
- Display control, courtesy, respect, honesty, dignity and professionalism to all involved within the sphere of sport – this includes opponents, coaches, officials, administrators, the media, parents and spectators.
- Encourage your athletes to demonstrate the same qualities.
- Be professional and accept responsibility for your actions.
- You should not only refrain from initiating a sexual relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
- Accurately represent personal coaching qualifications, experience, competence and affiliations.
- Refrain from criticism of other coaches and athletes.

6 PROVIDE A SAFE ENVIRONMENT FOR TRAINING AND COMPETITION

- Adopt appropriate risk management strategies to ensure that the training and/or competition environment is safe.
- Ensure equipment and facilities meet safety standards.
- Ensure equipment, rules, training and the environment are appropriate for the age, physical and emotional maturity, experience and ability of the athletes.
- Show concern and caution toward sick and injured athletes.
- Allow further participation in training and competition only when appropriate.
- Encourage athletes to seek medical advice when required.
- Provide a modified training programme where appropriate.
- Maintain the same interest and support toward sick and injured athletes as you would to healthy athletes.

7 PROTECT YOUR ATHLETES FROM ANY FORM OF PERSONAL ABUSE

- Refrain from any form of verbal, physical or emotional abuse towards your athletes.
- Refrain from any form of sexual or racial harassment, whether verbal or physical.
- Do not harass, abuse or discriminate against athletes on the basis of their sex, marital status, sexual orientation, religious or ethical beliefs, race, colour, ethnic origins, employment status, disability or distinguishing characteristics.
- Any physical contact with athletes should be appropriate to the situation and necessary for the athlete's skill development.
- Be alert to any forms of abuse directed towards athletes from other sources while in your care.

Coaches should:

- Be treated with **respect** and **openness**
- Have access to **self-improvement** opportunities
- Be matched with a level of coaching **appropriate** to their ability



SPORTS EXCELLENCE 2021

(as at 15 June 2021)

Karlie Alexander	Waikato Under 17—Volleyball
John-David Brown	Waikato Under 18—Lacrosse Representative
Kimiora Cooper	Waikato Under 19—Volleyball
Pippa Dixon	Waikato/BOP Track and Field Representative
Holly Harris	Waikato Under 18 Lacrosse Representative
Sarah Hewlett	Waikato/BOP Track and Field Representative
Sarah-Jane Hudson	Waikato Secondary Schools Swimming Champion
Elijah Lee	Waikato Mens Lacrosse Representative / Waikato Under 18 Lacrosse Representative
Elliott Parkes	Waikato Under 18 Lacrosse Representative
Brooke Penny	2nd place NZ BMX Nationals
Brooklyn Phothirath	Waikato/BOP Track and Field Representative
Stella Quigley	1st Oceania Crossfit
Benjamin Ranby-Al	Waikato Secondary Schools Tennis Individual Champion, 3rd Wai/BOP Athletics Javelin
Ashley Raukawa	Waikato Women Lacrosse Representative, Waikato Under 18 Lacrosse Representative
Maude Rewha	Waikato Under 19 Volleyball
Jaedyn Roberts	Waikato Under 18 Touch Representative
Adam Swney	1st WaiBop SS Under 17 Individual Time Trials
Emma Turnbull	Waikato Under 18 Lacrosse Representative
Tamara Wells	Waikato Under 19 Volleyball

TEAM CAPTAINS 2021

CAPTAINS OF ELITE/PREMIER SPORTS TEAMS OR SQUADS

Team/Squad	Captain
Athletics	Sarah Hewlett
Basketball Senior Boys	Callum Hall
Equestrian	Georgia Young
Football 1st XI Girls	Emma Tapara
Football 1st XI Boys	Rick Dykshoorn
Hockey 1st XI Girls	Dawna Dragovich
Hockey 1st XI Boys	Logan Lindsay
Lacrosse Premier Girls	Mackenzie Harris
Lacrosse Premier Boys	Elijah Lee
Netball—Premier Team	Ngawaina Hohepa
Rugby 1st XV Girls	Atareipounamu Crown
Rugby 1st XV Boys	Ryley Emery
Swimming	Georgia Wilson
Tennis	Ben Ranby-Al
Volleyball—Senior Girls	Kimiora Cooper
Volleyball—Senior Boys	Dylan Yates



CAPTAINS OF OTHER SPORTS TEAMS OR SQUADS

Team/Squad	Captain
Basketball Senior Girls	Tamia-Rae Emery
Basketball Boys Development	Luc Wahanui-Brown
Basketball Senior Boys Development	Jack Kelly
Basketball Junior Boys Premier	Kryton Collett
Basketball Junior Boys—Blue	Alex Park
Basketball Junior Boys—Silver	Naehana Rikiriki
Cricket Year 9	Hannah McRostie
Cricket Year 10	Flynn Morris
Cycling	Adam Sweeney
Football Boys 2nd XI	Justin Page
Football Junior Boys	Cullen Miezenbeek
Football Junior Boys Development	Jacques Nortje
Football Junior Girls XI	Ashley Gaudin
Golf	Sam Towers
Hockey Girls Development	Ave Culpan
Lacrosse Premier Development Girls	Livia Bigham
Netball Clueless	Bethany Hughes & Charlize Waters
Netball Gems	April Simmons
Netball Thrasher	Tagan Jansen
Netball Junior Premier Team	Jetta Kete
Netball Junior Tormentors	Millie Shipper
Rugby—Development XV	Boston Zeuren
Rugby—U55kg	Jacob Sheridan
Rugby—Under 15	Joseph Pareanga
Sailing	Liam Carter
Squash WSS	Dakota Attewell
Volleyball Senior Girls Development	Alizē Douglas-Clark

SPORTS TEAMS/SQUADS 2021

Athletics—King Country, South Waikato and North-West Zone

Rosie	Anderson	Teina	Beets	Zach	Beuck
Caelum	Bond	Zara	Brennan-Shaw	Trent	Brierley
John-David	Brown	Jaoquin	Burke	Dylan	Chestnut
Jacob	Chetwin	Jonan	Collett-Quinn	Ayrin	Dally
Summa	Dearing	Jorja	Demler	Ty	Demler-Findlay
Sam	Denize	Casey	Dixon	Pippa	Dixon
Rico	Dorssers	Ruth	Downs	Jyvhen	Duell
Leah	Ellis	Brody	Emery	Ryley	Emery
Enrique	Famador	Corbin	Fleming	Mannor	Fleming
Louise	Gubb	Dylan	Harpur	Holly	Harris
Sarah	Hewlett	Ngawaina	Hohepa	Cameron	Hollins
Brock	Jackson	Lily	James	Adam	Kelly
Jack	Kelly	Bailey	Kennedy	Keita	Koroheke
Linmari	Le Roux	Shae	Lyons	Grace	Murphy
Brooke	Penny	Carter Sean	Pora-Harwood	Danielle	Port
Stella	Quigley	Benjamin	Ranby-Al	Ashley	Raukawa
Maude	Rewha	Jeffrey	Rich	Kate	Shannon
Peter	Stokes	Kera	Tervit	Millie	Thackray
Craig	Walker	Nevaeh	Wallace	Myah	Waugh
Tamara	Wells	Norman	Wise		

Athletics—North Island Secondary Schools Championships

Jorja	Demler	Pippa	Dixon	Rico	Dorssers
Leah	Ellis	Sarah	Hewlett	Lily	James
Benjamin	Ranby-Al				

Athletics—Waikato/Bay Of Plenty Championships

Teina	Beets	Zach	Beuck	Zara	Brennan-Shaw
Trent	Brierley	John-David	Brown	Jaoquin	Burke
Dylan	Chestnut	Jacob	Chetwin	Ayrin	Dally
Summa	Dearing	Jorja	Demler	Ty	Demler-Findlay
Pippa	Dixon	Rico	Dorssers	Jyvhen	Duell
Leah	Ellis	Corbin	Fleming	Louise	Gubb
Holly	Harris	Sarah	Hewlett	Cameron	Hollins
Brock	Jackson	Lily	James	Adam	Kelly
Jack	Kelly	Bailey	Kennedy	Keita	Koroheke
Linmari	Le Roux	Shae	Lyons	Benjamin	Ranby-Al
Jeffrey	Rich	Kera	Tervit	Craig	Walker
Nevaeh	Wallace				

Basketball—Senior Boys

Dallas	Alexander	Jonan	Collett-Quinn	Joshua	Fitzpatrick
Stephan	Grobbelaar	Callum	Hall	Patrick	Milgate
Rico	Naera	Kainoa	Newton	Jaedyn	Roberts
Marty	Rogers	Cameron	Tonihi	Jackson	Waitai
Dylan	Yates				

Basketball—Junior Boys Premier

Teina	Beets	Rylan	Bell	Logan	Christiansen
Kryton	Collett	Kiarn	Collett-Quinn	Rico	Dorssers
Mitchell	Fursdon	Riley	Mills	Jette	Reid
Naehana	Rikiriki	Connor	Sandilands		

Basketball—Junior Boys—Blue

Jayden	Boyle	Ty	Cadman	Logan	Douglas
Henare	Harris-Raukawa	Ruben	Kasper	Alex	Park
Willem	Poolman	Dylan	Vincent	Trent	Watts

Basketball—Junior Boys—Silver

Anthony	Cutler-Karena	Kausha	Dunn	Braxstyn	Here
Carter	Neilson	D'sian	Ngauma Clerke	Louis	Pangilinan
Naehana	Rikiriki	Xavier	Shields		

Cricket Year 9

Emerson	Berry	Jaxon	Buik	Joel	Connolly
Caleb	Davey-Sullivan	Alan	Devlin	Dylan	Harpur
Russell	Harrison	Olly	Herbert	Luke	Hibbert
Liam	Hollinshead	Hannah	McRostie	Seth	Oldfield
Jette	Reid	Jacob	Sheridan		

Cricket Year 10

Cody	Davis	Lucas	Duncan	Dylan	Hall
Nathan	Hollins	Devon	Jenkins	Henre	Labuschagne
Cody	McGowan	DJ	Mills	Mason	Milne
Flynn	Morris	Luke	Pease	Craig	Walker

Cycling

Jacob	Chetwin	Adam	Swney	Craig	Walker
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Equestrian

Rosie	Anderson	Kendra	Bishop	Kate	Brierley
Samantha	Buckley	Abbie	Carmichael	Arlo	Davies
Eva	Davis	Casey	Dixon	Hannah	Dunn
Jessie	Hedges	Ashley	Hollinshead	Dallas	Kettle
Summer	Korkie	Aotea	Pollard	Ashlee	Rogers
Amy	Ross	Ashlee	Strawbridge	Kaelyn	Strawbridge
Emma	Tetley-Jones	Zanthe	White	Georgia	Young

Football—Senior Girls 1st XI

Holly	Anderson	Jade	Davis	Zara	Dempster
Jenna	Easton	Renee	Easton	Kaitlyn	Evemy
Esha	Fellingham	Tayla	Herbert	Madi	McArthur
Ava	McCullough	Ciara	McCullough	Loryn	Orr
Jaymie	Parker	Kate	Shannon	Mckayla	Spencer
Emma	Tapara				

Football—Junior Girls

Cassie	Atkins	Casey-Lee	Baker	Kaitlyn	Budd
Ashley	Gaudin	Jordan	Hearnden	Carys	Joyce
Vishmi	Manathunga	Courtney	Mockford	Miley	Morrow
Tayla	Neilson Smith	Sophie	Parr	Ella	Patterson
Emily	Smart	Jemma	Taylor	Tamsen	Taylor
Lily	West				

Football—CNI Girls

Holly	Anderson	Zara	Dempster	Jenna	Easton
Tayla	Herbert	Madi	McArthur	Ciara	McCullough
Loryn	Orr	Mckayla	Spencer	Emma	Tapara

Football—Boys 1st XI

Thomas	Bakx	Richard	Bell	Luc	Brown-Wahanui
Sammy	Dixon	Rick	Dykshoorn	Joshua	Fitzpatrick
Matthew	Fox	Oliver	Gold	James	Lightbourne
Dylan	Patchell	Cameron	Tosse	Evan	Van Rooyen
Logan	Whale	Dylan	Yates		

Football—Boys 2nd XI

Giulio	Bernasconi	Ethan	Carter	Jyvhen	Duell
Luke	Dykshoorn	Nathan	Fitness	Dylan	Hall
Oscar	Hall	Henre	Labuschagne	Danny	Lucas
DJ	Mills	Ashton	Neilson	Ethan	Omundsen
Jake	Omundsen	Justin	Page		

Football—Junior Boys

Ryan	Claasen	Lukas	Fleck	Quin	Hall
Eden	Jarman	Christopher	King-McRae	Joshua	Marais
Cullen	Miezenbeek	Floyd	Owen	Alex	Park

Football—Junior Boys Development

Jaxon	Buik	Mark	Frost	Russell	Harrison
Olly	Herbert	Liam	Hollinshead	Luca	Howells
Brock	Lincoln	Jaelan	Mumby-Rickard	Rahil	Narayan
Jacques	Nortje	Christian	Pope	Kade	Seerup

Golf

Nattapon	Hanam	Tumanako	Hunapo	DJ	Mills
Gemma	Towers	Sam	Towers		

Hockey Girls' 1st XI

Rosie	Anderson	Sydney	Anderson	Zara	Brennan-Shaw
Annalise	Cossey	Eva	Davis	Dawna	Dragovich
Sarah	Druce	Holly	Harris	Mackenzie	Harris
Linmari	Le Roux	Emma	Lindsay	Kaelyn	Strawbridge
Olivia	van Boven	Leah	Walker		

Hockey—Girls' Development

Kate	Brierley	Aria	Culpan	Ave	Culpan
Tayla	Foote	Erana	Harper	Janaiah	Jacob
Lily	Lieshout	Ashlee	Mills	Breea	Mills
Ellie	Morrison	Millie	Russ	Kayla	Tutty
Amelia	Tyer	Sophie	Yarndley		

Hockey—Boys' 1st XI

Dean	Druce	Luke	Hibbert	Nathan	Hollins
Braedyn	Howells	Eoin	Kelly	Logan	Lindsay
Danny	Lucas	Ewan	McCartie	Cameron	Merrick
James	Murray	Carter	Neilson	Luke	Pease
Bayley	Storer	Samuel	Tye	Lockie	Waghorn
Ryan	White	Matthew	Yarndley		

Lacrosse—Premier Girls

Sydney	Anderson	Anita	Blakely	Caitlyn	Blakely
Leah	Clark	Ayrin	Dally	Mia	Ellis
Louise	Gubb	Holly	Harris	Mackenzie	Harris
Charlotte	Miller	Jessica	Owen	Ashley	Raukawa
Emma	Turnbull	Georgia	Young	Holly	Young

Lacrosse—Premier Girls' Development

Livia	Bigham	Madysen	Cooksey	Mackenzie	Jackson
Mikayla	Johnston	Alice	Roberts	Nevaeh	Roberts
Eden	Sutton	Sienna	Sutton	Ella	Thackray
Millie	Thackray	Olivia	Turnbull	Stevie-Rae	Williams

Lacrosse—Premier Boys

Jake	Barr	John-David	Brown	Sam	Denize
Oliver	Jull	Elijah	Lee	Liam	Leppard
Lochlan	McClunie	Liam	McKernan	Sam	Morris
Floyd	Owen	Elliot	Parkes	Ollie	Parkes
Ashton	Perrett	Samuel	Tye		

Motocross

Ryan	Baillie	Nick	Bishop	Callym	Bulwer
Jack	Carmichael	Blake	Clarke	Cody	Davis
Roger	De La Rama	Dean	Druce	Sarah	Druce
Alexander	Fagan	Luke	Greenhalgh	Scott	Greenhalgh
Jake	Gunn	Quin	Hall	Luke	Higham
Madi	Kay	Seth	Milne	Luke	Pease
Jacob	Penny	Kiel	Takitimu		

Netball—Senior Premier

Breanna	Doig	Mannor	Fleming	Ngawaina	Hohepa
Jasmine	Ikin	Hannah	Kendrick	Keita	Koroheke
Te Wehi	Mareikura	Kacey	Miezenbeek	Stella	Tamaki-Whatarangi

Netball—Junior Premier

Emily	Crake	Sophie	Dale	Leah	Ellis
Jetta	Kete	Paige	Marshall	Ella	McCluskie
Sienna	Sanders	Kera	Tervit	Katelyn	Towers
Alyssa	White				

Netball—Clueless

Holly	Clifford	Delaney	Cotes	Lily	Hayes
Louise	Hewlett	Bethany	Hughes	Eva	Hughes-Roache
Brooke	Penny	Charlotte	Smith	Charlize	Waters

Netball—Gems

Riley	Allen	Ella	Anderson	Ashlee	Coldrick
Tyla	Galloway	Lilly	Gamble	Dakota	Martin
Sasha	Martyn	Kaley	Mexted	April	Simmons
Haevyn	Takataka	Puhi	Witehira		

Netball—Thrashers

Rianna	Barr	Kyla-Mae	Bicknell	Addison	Cooper
Izzy	Cooper	Bayleigh	Cornelissen	Kloey	Elton-Walters
Rhianna	Grayling	Aaria	Gregory-McIlroy	Addison	Howells
Tagan	Jansen				

Netball—Tormentors

Eva	Blythe	Emily	Brier	Tessa	Chappell
Mia	Fraser	Esther	Percy	Danielle	Port
Millie	Shipper	Raquan	Smith	Myah	Waugh

Rugby—Girls' 1st XV

Nikitah	Aramoana	Paige	Connor	Stass	Cooper-Falwasser
Atareipounamu	Crown	Alizē	Douglas-Clark	Holly	Frederick
Jasmine	Jefferies	Amy	Kerr	Finn	Lovell
Shae	Lyons	Piata	Newton	Manea	Purua
Rumaiti	Robson	Maddison	Sargent	Stella	Tamaki-Whatarangi
Maree	Tupaea-Hukatai	Itahlia	Turner	Charlize	Waters
Tamara	Wells				

Rugby—Boys' 1st XV

Hayden	Beare	Wairua	Brooks	Ty	Demler-Findlay
Sam	Denize	Ryley	Emery	Dylan	Eti
Corbin	Fleming	Max	Frandi	Callum	Hall
Jason	Hill	Solomon	Howells	Brock	Jackson
Adam	Kelly	Ethan	Kiernan	Jeffrey	Rich
Jaedyn	Roberts	Michael	Sanders	Craig	Scott
Jay	Seebeck	Max	Shaw	Andrew	Watts
Norman	Wise	Mitch	Zeuren		

Rugby— Boys Development XV

Caelum	Bond	Wairua	Brooks	Simon	Carter
Dylan	Chestnut	Blake	Clarke	Jack	Cole
Sleyd	Edmonds	Tyler	Field	Connor	Hall
Jack	Kelly	Jaiden	Le fleming	Kayden	MacKenzie-Griffin
Billy	Ouston	Leighton	Paikea	Gus	Pratt
Thomas	Riddell	Connor	Storey	Luke	Taylor-Waru
Cameron	Tonihi	Kirk	Van Marrewijk	Joshua	Wilson
Boston	Zeuren				

Rugby—Boys U15

Caid	Allen	Marcus	Beare	Teina	Beets
Lukas	Bracken	Tyrone	Bullock	Jaoquin	Burke
Patrick	Calver	Kiarn	Collett-Quinn	Brody	Emery
Douglas	Fonoti	Thomas	Frandi	Cody	Green
Lachlan	Hamilton	Kainan	Kelly	Jaiden	Le fleming
Siah	Mangu	Leyton	Matthews	Karoria	Ngaruhe
Leighton	Paikea	Joseph	Pareanga	Braiden	Peake
Dylan	Peake	Jordan	Peri	Xavier	Shields
Bailey	Smith	Bailey	Te Huia	Tawhaki	Waaka
Tiyrn	Waters				

Rugby—U55KG

Marcus	Beare	Ryan	Blackburn	Joel	Connolly
Reef	Doole	Troy	Downs	Dylan	Harpur
Lewis	Haynes	Oryn	Hunapo	Mac	Innis
Jordan	MacCarthy	Jackson	Montague	Sam	Morris
D'sian	Ngauma Clerke	Seth	Oldfield	Manawa	Oxenham
Ollie	Parkes	Toby	Pepper	Carter	Pinny
Willem	Poolman	Ashton	Rollinson	Jacob	Sheridan
Reuben	Turnbull	Marcus	Tutty		

Sailing—Regatta

Emily	Bathgate	Liam	Carter	Emma	Drinkwater
Olivia	van Boven				

Sailing Club

Emily	Bathgate	Liam	Carter	Anna	Daczo
Emma	Drinkwater	Noah	Eagle	Ryan	Gray
Hollie	Larsen	Peter	McLellan	Sophie	Parr
Mitchell	Rodgers	Olivia	van Boven	Sam	Waugh

Squash

Dakota	Attewell	Marcus	Beare	Madysen	Cooksey
Samson	Crowhurst	Ayrin	Dally	Ellice	Downard
Mark	Frost	Olly	Herbert	Olivia	Hopping
Cody	McGowan	Cameron	Merrick	Troy	Morrison
Carter	Neilson	Shannon	Nightingale	Judd	Quigley
Kade	Seerup				

Swimming—King Country

Zara	Brennan-Shaw	Luc	Brown-Wahanui	Thierry	Brown-Wahanui
Jacob	Chetwin	Blake	Clarke	Ave	Culpan
Breanna	Doig	Paige	Drinkwater	Lilah	Earwaker
Leah	Ellis	Blake	Gower	Holly	Harris
Alexander	Howarth	Amy	Kerr	Jetta	Kete
Joshua	Marais	Te Wehi	Mareikura	Cullen	Miezenbeek
Benjamin	Ranby-Al	Thomas	Riddell	Samuel	Shaw
Katie	Stairmand	Adam	Swney	Amelia	Tyer
Sam	Waugh	Georgia	Wilson		

Swimming—NZ Open Water

Breanna	Doig	Jetta	Kete	Georgia	Wilson
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Swimming—WSS

Zara	Brennan-Shaw	Jacob	Chetwin	Breanna	Doig
Lilah	Earwaker	Alexander	Howarth	Sarah-Jane	Hudson
Jetta	Kete	Joshua	Marais	Te Wehi	Mareikura
Cullen	Miezenbeek	Benjamin	Ranby-Al	Sam	Waugh
Georgia	Wilson				

Tennis—WSS

Trent	Brierley	Ben	FitzPatrick	Mackenzie	Harris
Bayley	Quin	Benjamin	Ranby-Al	Ashley	Raukawa
Sam	Towers	Zanthe	White		

Volleyball—Senior Girls’ A

Karlie	Alexander	Kimiora	Cooper	Ngawaina	Hohepa
Baylee	Pryke	Amy	Reid	Maude	Rewha
Stella	Tamaki-Whatarangi	Daynah-Azul	Te Wake	Tamara	Wells

Volleyball—Senior Girls Development

Alizē	Douglas-Clark	Olivia	Krippner	Nina	Lugtu
Ciara	McCullough	Piata	Newton	Rona	Rapana
Jasmin	Rivera	Sarah	Tapatahi	Kera	Tervit

Volleyball—South Island

Karlie	Alexander	Kimiora	Cooper	Ngawaina	Hohepa
Amy	Reid	Maude	Rewha	Stella	Tamaki-Whatarangi
Tamara	Wells				

Volleyball—Senior Boys

Dallas	Alexander	Sleyd	Edmonds	Jason	Hill
Ethan	Kiernan	Xavier	Pellow	Carter Sean	Pora-Harwood
Jaedyn	Roberts	Cameron	Tonihi	Evan	Van Rooyen
Dylan	Yates				

Volleyball—Boys’ Year 10

Tyrone	Bullock	Kryton	Collett	Ryan	Fisher
Oscar	Hall	Braxstyn	Here	Liam	Leppard
Carlo	Marino	Liam	Mays	Dez	Pellow
Naehana	Rikiriki	Xavier	Scott		

Volleyball—Boys’ Year 9

Ryan	Claasen	Anthony	Cutler-Karena	Mitchell	Fursdon
Cameron	Hollins	Kane	Kennedy	Adrian	Maritz
Cullen	Miezenbeek	Alex	Park	Sterling	Te Huia
Coby	Vincent				

PERFORMING ARTS 2021

Kapa Haka 2021

Tegan	Barnett	Whetu	Bennett	Jaydah	Cations
Kassie-Lee	Cooksey	Kausha	Dunn	David	Emery-Walker
Aaria	Gregory-McIlroy	Kaylee	Grinter	Mattisse	Herangi-Ormsby
Jakoby	Herrick	Aylah	Hopa	Jasmine	Jefferies
Te Aroha	Kapea	Teagyn	King	Hinerangi	Koroheke
Holly	Lawrence	Siah	Mangu	Te Wehi	Mareikura
Mahlee	Morgan	Manasseh	Morgan	Tayla	Neilson Smith
Piata	Newton	Summa	Paterson	Tristan	Pivott
Carter Sean	Pora-Harwood	Piata	Rapana	Rona	Rapana
Georgie	Rewha	Maude	Rewha	Naehana	Rikiriki
Leroy	Robson	Rumaiti	Robson	Xavier	Scott
Xavier	Shields	Akaysha	Steedman	Dejah	Stojanovic-Stark
Charlise	Taia	Haevyn	Takataka	Valiant	Takataka
Sarah	Tapatahi	Eternal	Te Moananui	Daynah-Azul	Te Wake
Kirk	Van Marrewijk	Jackson	Waitai	Katana	Whaikawa

Senior Concert Band

Giulio	Bernasconi	Aaron	Boddie	Liam	Carter
Hayley	Davies	Ruth	Downs	Rebecca	Drabble
Leah	Ellis	Drēshawyn	Hape-Edwards	Jakoby	Herrick
Dillon	Holmes	Eva	Hughes-Roache	Troy	Jeffcoat
Asarina	Johnson	Avleen	Kaur	Sean	Lurman
Adrian	Maritz	Alexander	Mather	Azlynn	McClunie
Dareeya	Mickell	Ashton	Neilson	Tayla	Neilson Smith
Jacques	Nortje	Ethan	Omundsen	Jake	Omundsen
Laura	Purves	Danica	Reweti	Emma	Riggs
T J	Roetz	Keira	Spires	Ella	Thackray
Millie	Thackray	Abby	Weaver	Fiona	Xu
Sophie	Yarndley				

Junior Concert Band

Casey-Lee	Baker	Giulio	Bernasconi	Hayley	Davies
Rebecca	Drabble	Jakoby	Herrick	Liam	Hollinshead
Simon	Jackson	Avleen	Kaur	Sean	Lurman
Adrian	Maritz	Hannah	McRostie	James	Murray
Tayla	Neilson Smith	Jacques	Nortje	Laura	Purves
Danica	Reweti	Kade	Sorenson	Keira	Spires
Darnica	Sutton	Ella	Thackray	Millie	Thackray
Mackenzie	Whyte	Fiona	Xu	Sophie	Yarndley

FREE EMPOWERMENT SELF DEFENCE COURSE

WHO? ALL WOMEN aged 16 and over (no upper age limit). Groups of 16 – 26 participants.

WHERE? Te Awamutu Intermediate A.L.C

WHEN? Mon 19th – Friday 23rd July, 2021 (2nd week hols – choose one day that suits)

HOW LONG? 9:30am – 2:30pm. Light refreshments will be provided for breaks.

COST? ZERO FEES (these courses are funded by Oranga Tamariki)



Course Content

The course is delivered by an accredited Self Defence teacher (and classroom teacher of 24 years). It will include:

- **Awareness discussions** regarding violence: 'victim' and 'attacker' dynamics, power and control issues, recognising and responding to early signs of unsafe relationships.
- **Self-esteem and confidence building:** developing the belief in one's own abilities to deal effectively with unsafe situations.
- **Physical skills and strategies** to keep / get safe from violence and stranger attacks - kicks, punches, blocks, releases.
- A compilation of **local resources** and ways to seek support if needed.

Secure your place/s in a course by contacting Gaby (T.A.I)

office@teawamutuint.school.nz

For more information search the 'Womens' Self Defence Network – Wāhine Toa' website: www.wsdn.org.nz

TE AWAMUTU COLLEGE

Creating Learning Success For Every Student

